



Making A Better Life For Ourselves

TUITION REIMBURSEMENT

One of the goals of our union is to support the potential of all healthcare workers to grow educationally and make a full contribution to building a strong and caring health care industry. In today's rapidly changing health care industry, we know how important it is for all I199SEIU members to be able to improve our professional **and** personal lives.

Did you know that your contract provides you with the opportunity to take classes (at an accredited institution) and get reimbursed too? That's right! Article XXVI says that all permanent full-time and part-time

employees who are actively working a regular schedule of more than 7 hours per week are eligible for the tuition reimbursement program. Part-time members are entitled to reimbursement pro-rated based on the percentage of hours worked.

While workshops, seminars, lecture series & symposia will not be reimbursed, short term courses related to learning new skills that are necessary for the proper performance of your job are eligible for reimbursement.

For details about this benefit in your I199SEIU contract, contact a delegate or organizer.

MOVING UP

In the last six months, many AECOM 1199ers had their jobs upgraded.

Department	Number of Members Who Were Upgraded
Engineering	5
CERC	4
Epidemiology & Population Health	3
Endocrinology	2
Infectious Disease	1
Division of Substance Abuse	1
Urology	1
Microbiology & Immunology	1
Nuclear Medicine	1

SO YOU LIKE YOUR I199SEIU BENEFITS?

The fact is that benefits such as no-cost health care and prescriptions without a co-pay may be at risk. **Talk to your organizer today about how you can protect your benefits.**



The Voice of I199SEIU AECOM Employees

The INFORMER

What's Inside

- "Ring The Alarm" The Young Workers Project
 - Protecting Our Health
 - Saving Our 1199 Benefits
 - Tuition Reimbursement
- Look inside and find out more!

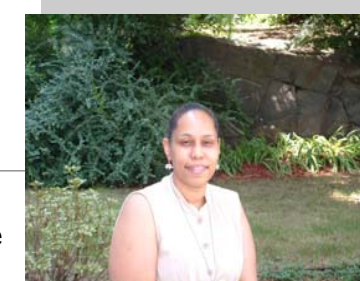
In Upcoming Editions of The Informer

- ★ What To Do When You Are Mistreated By A Manager or Supervisor: *Helpful Hints*
- ★ Are We Required To Check Our Legal and Constitutional Rights At The Door When We Come To Work. *You'll find out.*
- ★ Ask The Editor: It's Your Opportunity To Make Your Voice Heard!

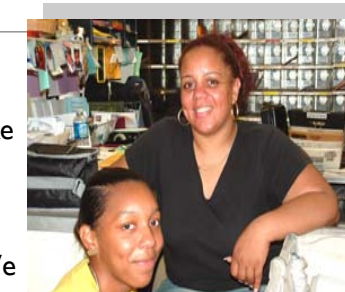
AECOM I199ers Speak Out



"I really like the onsite attention from the I199 organizers and delegates. Being part of I199 gives Research Techs and our co-workers a voice on the job, so we can do our jobs better, and that increases our credibility and strength at the bargaining table."
Brian Schoenfeld, AECOM Research Tech. Cardiology



"I199 has enabled me to have great medical benefits and tuition reimbursement. Our union helps build unity with workers in all departments. Standing in support of each other gives us unbelievable strength."
Medina Byars, AECOM Secretary, Grade 7, 24 years of service



"Being a part of I199 is like having a large extended family. We all support each other and grow with the good contracts and the benefits we get. I encourage SSA members to join our I199 family so we can grow together."
Tanya Rivera, AECOM clerical employee, 18 years of service (pictured with daughter Tiffany)

YOUR I199SEIU DELEGATES

Yvel M. Claderon Secretary Bichemistry 718-430-2814	Cheryl Diodato Counselor Melrose-Dosa 718-292-6622	Bertha P. Hill Animal Caretaker JR 1 Animal Facility 718-430-2126	Geraldine Narciso Activities Therapist Pediatrics/CERC 718-430-8700	Marshall Singer Utility Housekeeping 718-430-2810	Darryl Waterman Stock Clerk Engineering 718-430-2038
Joann Collins Food Services Cafeteria 718-430-2131	Katty M. Fermin Animal Caretaker 3 Animal Facility 718-430-3565	Beverly E. Jacobs Secretary Rouso Dev. 718-430-3826	Alma Pagan Billing Clerk Kennedy/CERC 718-430-8600	Subha Sundaram Research Tech Cell Biology 718-430-3470	
Efrain Cortes Lead Caretaker Animal Facility	Diana M. Gonzalez Social Worker SVTN/Turnbull 718-620-5566	Eileen Metzgroff Admin. Assistant DOSA 728-829-3440	Diane Reardon Mental Health Worker SVTN/Gleb 718-904-4470	Sandra Taylor Mental Health Worker SVTN/Gleb 718-904-4458	



“RING THE ALARM”
INVEST IN YOUR FUTURE



Another I199SEIU
CONTRACT 2008 KICKOFF EVENT

The I199SEIU Education Department is proud to bring
to the Albert Einstein College of Medicine

THE YOUNG WORKERS PROJECT

Thursday October 19, 2006
Especially for I199SEIU members who are
30-years old and under

12:00 p.m.-1:00 p.m.
& 1:00 p.m.-2:00 p.m.

Forchheimer Building ♦ First Floor Lecture Hall

This is an opportunity for younger workers to:

- ✓ Share experiences;
- ✓ Discuss challenges;
- ✓ Talk about accomplishments;
- ✓ Have a conversation about *both* positive influences and the barriers you face.

I199 SEIU



All day at work we are paying attention to the needs of others. When we go home, we take care of our children -- or even our parents and other loved ones. But too often we don't take care of ourselves.

Healthcare begins with ourselves. We spend so much time taking care of others, but it is time we also took better care of ourselves. It might not be easy, but in the end it's worth it to live a long and healthy life. We all deserve it.

We are lucky to have the I199 National Benefit Fund (NBF), that helps us take care of ourselves and our families at no cost to us. In the next few months, the NBF will be providing information on how to live a healthier lifestyle and opportunities to learn how to deal with chronic conditions like diabetes or high blood pressure.

Over the new few months, the NFB will be focusing on:

- How to develop a good relationship with your doctors;
- Screenings for chronic conditions and cancers;
- Advice and information on how to adopt healthier eating and exercise habits.

You also will hear about health fairs and nutritional workshops, as well as educational and motivational meetings right here at AECOM. All of these meetings (and others) are being held in conjunction with

The I199 Benefit Fund and our representative TJ have been working closely with AECOM employees.

I199 National Benefit Fund Happenings
PROTECTING OUR HEALTH CAMPAIGN

October 17
November 14

Get To Know Your Doctor
Early Screenings For Medical Conditions

the AECOM/I199SEIU **CONTRACT 2008 CAMPAIGN KICKOFF**. Why? **Because we are at risk of losing these critical programs in our next contract unless we are prepared to fight for it!** See your delegate today about the **CONTRACT 2008 CAMPAIGN KICKOFF** and ask how you can get involved!

Your MEMBER ASSISTANCE PROGRAM (MAP) (646) 473-6900

Members and their dependents coping with mental health issues can contact MAP to speak with one of the program's social workers or nurses. Our professional staff will refer you to appropriate medical or clinical resources.

Fund coverage includes approved treatment plans for outpatient care, and up to 30 days of medically necessary inpatient care in a general acute care hospital.

Alcohol/Substance Abuse: Members and their dependents seeking treatment for alcohol and substance dependency must call MAP for assessment and referral to health resources. Based on your medical and clinical needs, inpatient and outpatient benefits may be provided.

Social Services: MAP provides a

confidential setting to help resolve personal and family problems with referrals to community resources.

Parenting Concerns: For parents having difficulties with their children's educational experiences, or adolescent issues.

Pregnancy: MAP can refer dependent teens and young adults who are pregnant to community resources that provide prenatal care and delivery coverage for the mother and newborn. Other areas MAP can help: REFERRALS TO ENTITLEMENT PROGRAMS, DOMESTIC OR WORKPLACE VIOLENCE, BEREAVEMENT COUNSELING, JOB JEOPARDY (EARLY INTERVENTION BEFORE JOB LOSS), PRESSURE FROM CREDITORS, GAMBLING PROBLEMS OR OTHER ADDICTIONS, LANDLORD/TENANT PROBLEMS, LEGAL CLINICS.

These programs are all part of the I199 National Benefit Fund, that is so important to us. In fact, some take it for granted! **But these benefits, along with our no-cost health insurance and no-cost prescriptions may be at risk in our next contract.** YOU can do something about it. Talk to a delegate or organizer today to find out how you can get involved with the **CONTRACT 2008 CAMPAIGN KICKOFF** and protect your benefits now!

